

NATURAL HEALTH

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Hello Everyone in Natural Health Nation-

I hope that you all had a great weekend and was able to rest up some. The weather is getting nicer but that cold North wind is still there. We're starting to get our fair share of moisture and have already had some patients complain of mold allergies. We're still using a lot of our Allerplex nutrition for colds and bronchitis and helping people get over pneumonia from the winter. We'll also start using more of the Albezia complex product to help with allergy symptoms as spring goes on. Don't let seasonal allergies ruin your spring, we can help at Natural Health.

The first article this week is an investigation into Google and Web MD and their partnering to be your virtual Dr. As you can imagine, there will probably be a little slant their towards mainstream medicine and advertising. Also they'll be looking at averages and not individual needs of patients. Our take is to always be careful where information comes from and who's paying for it.

The second article this week is on a critique of the proposal of regulations of homeopathic medicines and alternative proposals. The article has good information to be aware of but the thing I find interesting is that as soon as the general public starts to realize that all the drugs and surgeries and expense are not really health promoting, and that alternative healthcare choices are there, there seems to be a quick backlash from the powers that be to regulate these alternatives, or should I say control? The track record for homeopathic medicine and other alternatives is stellar as compared to the stats on mainstream medical treatment. Just more information to be aware of.

The bonus article this week is on a public health agency being sued for Coke collusion. Again this is more information on what is actually going on out there and who's pulling the strings. That's great for lining someone's pocket so they can buy a new Jag or a third vacation house but not so good for true health care in this country.

At Natural Health, we're trying to change the paradigm from that of disease management treatment to actual true health care one patient at a time. Please let your friends and families know that there is an alternative and we are here to help.

Get Healthy, Stay Healthy, Live Well

-Dr. Mark

Next Health Education Workshop: March 20 at 5:00 pm - Spring Allergies

Next Chiropractic Education Workshop: April 3 at 5:00 pm – Low Back and Sciatica Solutions

Patient Testimony: What was it like before you came in to see us?

I have several issues that I came to see Dr. Mark with. The first improvement I have had is relief from bursitis. Two weeks after using Cal-Amo I had relief. The first time I saw Dr. Mark, he couldn't use my left arm for NRT testing and for the first time we used it today! November 15, 2015!

2. How is it now?

Improved bursitis. Still have other issues to work on. The issues didn't happen overnight, so it will take time for improvement. (D.L.)

Please click links below to read articles from Dr. Mark

[Google and WebMD Partner To Be Your Virtual Doctor](#)

[Critique of Proposed Regulations of Homeopathic Medicines and Alternative Proposals](#)

[Public Health Agency Sued for Coke Collusion](#)
